## Relax FIR Sauna

## The Benefits of the Relax® F.I.R. Sauna

- Improves circulation
- •Improves cardiovascular fitness
- Increases muscle relaxation
- •Relieves pain and joint stiffness
- Cleanses and detoxifies the body
- Promotes weight loss

- .Accelerates injury recovery
- .Aids chronic conditions
- .Enhances relaxation
- .Improves skin texture
- .Boosts metabolism
- .Invigorates the body and Mind







40 Relax<sup>®</sup> Semi-conductor Chips control the temperature automatically.

They filter out the non-healing distracting energy, generating 95-99% pure Far Energy Light (of 4-14 micron resonating light.)

(Most Infrared Saunas only generate 20 to 60 % FIR Energy.)